

LANCE McCracken

Professor of Clinical Psychology. Head of the Division of Clinical Psychology, Department of Psychology, Uppsala University. Sweden

**FORMATION**

1985	BA Holy Cross College, Worcester Massachusetts
1989	MA Research Psychology, San Francisco, California
1993	PhD West Virginia University, Morgantown, West Virginia

PROFESSIONAL EXPERIENCE

2011-2011	Consultant Clinical Psychologist, Clinical Lead, Centre for Pain Services, Royal National Hospital for Rheumatic Diseases, Bath, UK
2011-2018	Professor of Behavioral Medicine, King's College London, London, UK
2018- present	Professor of Clinical Psychology, Uppsala University, Uppsala Sweden

RESEARCH AND TEACHING EXPERIENCE

2011-2018	Professor of Behavioral Medicine, King's College London, London, UK
2018- present	Professor of Clinical Psychology, Uppsala University, Uppsala Sweden

RECENT SCIENTIFIC PUBLICATIONS

Chisari, C., McCracken, L. M., Cruciano, F., Moss-Morris, R., & Scott, W. (2022). Acceptance and Commitment Therapy for women living with vulvodynia: A Single-case experimental design study of a treatment delivered online. *Journal of Contextual Behavioral Science*, 23, 15-30.

Gilpin, H. R., Ratanachatchuchai, S., Novelli, D., McCracken, L. M., & Scott, W. (2022). Examining the association between group context effects and individual outcomes in an interdisciplinary group-based treatment for chronic pain based on acceptance and commitment therapy. *British Journal of Pain*. <https://doi.org/10.1177/20494637211073012>

Graham, C. D., McCracken, L. M., Harrison, A., Walburn, J., & Weinman, J. (2022). Outlining an Acceptance and Commitment Therapy approach to treatment non-adherence. *British journal of health psychology*, 27, 1-12. 10.1111/bjhp.12579.

Åkerblom, S., Perrin, S., Fischer, M. R., & McCracken, L. M. (2022). Prolonged exposure for pain and comorbid PTSD: A single-case experimental study of a treatment supplement to multiprofessional pain rehabilitation. *Scandinavian journal of pain*, 22, 305-316. 10.1515/sjpain-2021-0100. Advance online publication. <https://doi.org/10.1515/sjpain-2021-0100>

Rose, M., Graham, C., O'Connell, N., Vari, C., Edwards, V., Taylor, E., McCracken, L. M., Radunovic, A., Rakowicz, W., Norton, S., & Chalder, T. (2022). A randomised controlled trial of acceptance and commitment therapy for improving quality of life in people with muscle diseases. *Psychological Medicine*, 1-14. doi:10.1017/S0033291722000083

McCracken, L. M., Yu L., & Vowles, K. E. (2022). New generation psychological treatments in chronic pain *BMJ*, 376, :e057212 doi:10.1136/bmj-2021-057212

Yu, L., McCracken, L. M., & Scott, W. (2022). Predictors of outcomes following interdisciplinary acceptance and commitment therapy for chronic pain: Profiling psychological flexibility. *European Journal of Pain*, 10.1002/ejp.1972. Advance online publication. <https://doi.org/10.1002/ejp.1972>

Contreras, M., Van Hout, E., Farquhar, M., McCracken, L. M., Gould, R. L., Hornberger, M., Richmond, E., & Kishita, N. (2022) Internet-delivered guided self-help Acceptance and Commitment Therapy for family carers of people with dementia (iACT4CARERS): A qualitative study of carer views and acceptability. *International Journal of Qualitative Studies on Health and Well-being*, 17, DOI: [10.1080/17482631.2022.2066255](https://doi.org/10.1080/17482631.2022.2066255)

Bartels, S. L., Johnsson, S. I., Boersma, K., Flink, I., McCracken, L. M., Petersson, S., Christie, H. L., Feldman, I., Simons, L. E., Onghena, P., Vlaeyen, J., & Wicksell, R. K. (2022). Development, evaluation and implementation of a digital behavioural health treatment for chronic pain: Study protocol of the multiphase DAHLIA project. *BMJ open*, 12(4), e059152. <https://doi.org/10.1136/bmjopen-2021-059152>

Galea Holmes, M. N., Wileman, V., Hassan, S., Denning, J., Critchley, D., Norton, S., McCracken, L. M., & Godfrey, E. (2022). Physiotherapy informed by Acceptance and Commitment Therapy for chronic low back pain: A mixed-methods treatment fidelity evaluation. *British Journal of Health Psychology*, 10.1111/bjhp.12583.

McCracken, L. M., Buhrman, M., Badinlou, F., & Brocki, K. C. (2022). Health, well-being, and persisting symptoms in the pandemic: What is the role of psychological flexibility?. *Journal of contextual behavioral science*.

Gould, R., Thompson, B., Rawlinson, C., Kumar, P., White, D., Serfaty, M., Graham, C., McCracken, L., Bursnall, M., Bradburn, M., Young, T., Howard, R., Al-Chalabi, A., Goldstein, L., Lawrence, V., Cooper, C., Shaw, P., & McDermott, C. (2022). A randomised controlled trial of Acceptance and Commitment Therapy plus usual care compared to usual care alone for improving psychological health in people with motor neuron disease (COMMEND): Study protocol. *BMC Neurology*.

McCracken, L. M., & Scott, W. (2022). Potential Misfortunes in 'Making Sense': A Cross-Sectional Study in People with Chronic Pain. *The Journal of Pain*.

OTHER PUBLICATIONS

McCracken, L. M. (2022). Committed action. In M. P. Twohig, M. E. Levin & J. M. Petersen (Eds.), *The Oxford handbook of Acceptance and Commitment Therapy*. (pp. C13.P1-C13.S11). New York: Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780197550076.001.0001>

McCracken, L. M. (2022). What is third wave behavior therapy? In W. O'Donohue, A. Masuda (Eds.), *Behavior Therapy*, Cham, Switzerland: Springer Nature. https://doi.org/10.1007/978-3-031-11677-3_6